

## LONGEVITY ASIA

# EXPLORING LONGEVITY, AGING AND QUALITY OF LIFE

## EXECUTIVE SUMMARY

A virtual Conference
December 20-22<sup>nd</sup> 2025









#### **ORGANIZERS**





Dhananjay Bansod, PhD
Professor, IIPS
Mumbai, India

A Professor at the Dept of Public Health and Mortality Studies, International Institute for Population Sciences, Mumbai.

He is also the associate head in the Centre for Ageing Studies at IIPS. He published articles in the area of population ageing and public health. He is one of the Principal Investigators in the National Family Health Survey (NFHS-6), Govt of India.

His research metrics are: 50+ articles, 650+ citations, and h-index of 14.



Shashaanka Ashili, PhD Sr. Scientist, CureScience San Diego, CA, USA

A scientist and an entrepreneur, Founding CEO of CureScience. Over the years, he raised multimillion dollars from investors and donors.

One of his interests is in evangelizing and improving science and healthcare access in Asia. He published articles across multiple fields including digital medicine, chronic diseases, single cell analysis, optics and immunotherapies.

His research metrics are: 50+ articles, 1100+ citations, and h-index of 16.

## WORD FROM THE ORGANIZERS



Asia, with nearly five billion people across 48 nations, is a mosaic of cultures, languages, foods, and traditions. This diversity extends to how each country views and supports the journey of aging.

Aging is life's most universal truth—and it can be embraced with dignity, vitality, and purpose. Before 50, it is often celebrated as longevity and possibility. Beyond 50, new challenges arise—chronic conditions, declining health, reduced mobility, and the fading of traditional family support. Yet, with intention and care, every stage of aging can be transformed into a chapter of growth and fulfillment.

Every decade after 50 presents not just challenges but opportunities: to strengthen wellness, to nurture resilience, and to create meaningful connections. A clear and thoughtful plan for health and well-being can profoundly improve the quality of life.

LongevityAsia was created to bring together visionary thinkers, scientists, policymakers, and communities to reimagine what it means to age. Together, we can transform aging from a challenge into a shared triumph.

Join us. Be part of shaping the future of longevity in Asia.

DHANANJAY BANSOD, PHD SHASHAANKA ASHILI, PHD



## LONGEVITYASIA-2024

#### 1<sup>ST</sup> INTERNATIONAL CONFERENCE ON AGING



### **VIRTUAL EVENT**

**SEPTEMBER 20-21**ST **2024** 



360+

**Participants** 

56

Speakers

149

Institutes

9

Countries

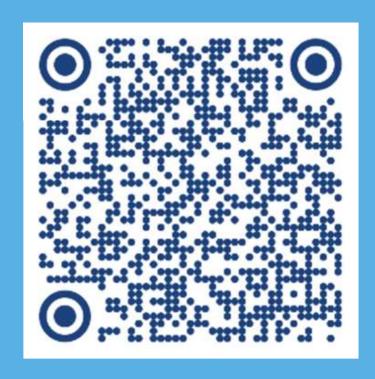
#### **LONGEVITYASIA-2025**



#### **2<sup>ND</sup> INTERNATIONAL CONFERENCE ON AGING & LONGEVITY**

#### A Virtual Conference

December 20-22<sup>nd</sup> 2025



### **STEERING COMMITTEE**





**Anil Krishna, PhD** Former Tech Lead, HelpAge International, Myanmar



T.R. Dilip, PhD

Asso Professor, IIPS

Mumbai, India



/aralakshmi Manchana, PhD Asso Professor, University of Hyderabad, India



Dhananjay Bansod, PhD
Professor, IIPS
Mumbai, India



Shashaanka Ashili, PhD Sr. Scientist, CureScience San Diego, USA

#### **SCIENTIFIC THEMES**





#### **LONGEVITY - HEALTHY AGING**

Biology of Aging, Personalized Medicine, Neurodegeneration, Cancer & Chronic diseases and Computational Biology



#### **SOCIOECONOMICS & CULTURAL DIVERSITY**

Aging and Environment, Nutrition and Diet, Family and Society, The dynamics of care giving and long-term care and Economical impact



#### **TECH INNOVATIONS FOR LONGEVITY**

Health records & Artificial Intelligence, Smart Technologies, Design Engineering, and Digital Assistants and platforms



#### **POLICY IMPACTS ON AGING**

Impact of UHC, Long-term care and funding models, Social protection, Policy transfers and lessons learned, Digital literacy and Technology access

### **TRACK CHAIRS**





Mala Kapur Shankardass, PhD Delhi University

Session: Quality of Life & Aging



Dushani Palliyaguru, PhD Fulbright Scholar Co-Founder & CEO, HealthSurveil

Session: Environmental effects on Aging



Thisara Geethika Perera, PhD University of Colombo, Sri Lanka

Session: Impact of natural disasters on aging communities

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### **SPONSORS**















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